

# Kentucky Behavioral Health Planning and Advisory Council

## Council Meeting Summary

March 16, 2017 10:00am to 2:00pm

Kentucky Transportation Cabinet, 200 Mero Street, Frankfort, Kentucky

**Council Members:** Michael Karman, Amy Jeffers, Valerie Mudd, Jeanette Rheeder, Brandon Kelley, Rebecca Burton, Cathy Epperson, Gayla Lockhart, Carmilla Ratliff, Peggy Roark, Steve Lyons, Jessica Wayne, Lynn Haney, Steve Shannon, Maggie Krueger, Kelly Gunning, Mike Barry

**Guests:** Sarah Brumfield, David Riggsby

**Staff:** Michele Blevins, Melissa Runyon, Christie Penn, Patti Clark, Phyllis Millspaugh

Topic	Discussion	Next Steps
Call Meeting to Order	Gayla Lockhart, Chair, called the meeting to order at 10:08 AM and welcomed attendees. Quorum was confirmed. Members, guests and staff introduced themselves.	
Approval of November Meeting Summary	Members reviewed the November 2017 meeting summary. Valerie Mudd and Michele Blevins recommended two corrections. Cathy Epperson made a motion to approve the meeting summary with the two amendments. Mike Barry seconded. <b>Motion passed.</b>	Approved minutes are available online at <a href="http://dbhdid.ky.gov/dbh/kbhpac-summaries.aspx">http://dbhdid.ky.gov/dbh/kbhpac-summaries.aspx</a> .
Committee Reports	<p><u>Executive Committee</u></p> <p>Gayla reported that the committee met on February 16. She asked members to review the meeting summary. Missy Runyon reported that staff will post these minutes on the Planning Council website with the other committee meeting summaries in the future to ensure the Council is complying with the Open Meetings Law. Amy Jeffers made a motion to approve the meeting summary. Cathy Epperson seconded. <b>Motion passed.</b></p> <p><u>Membership Committee</u></p> <p>Gayla reported that the Membership Committee met on February 16, 2017 and asked members to review the meeting summary. Amy Jeffers made a motion to approve the meeting summary as written. Peggy Roark seconded. <b>Motion passed.</b></p> <p>Gayla reported that Betty Jo Moss, an eleven-year member of the Council and ten-year Chair of the Finance and Data Committee, decided not to apply for another term on the Council. Gayla also reported that Mary Singleton, an eight-year member of the Council and Vice Chair, Membership Committee Chair (eight years), and past Council Chair (two terms), has resigned due to health concerns. Gayla shared the Certificates of Recognition for their many years of service with members.</p> <p>Gayla then asked members to review the handout of the Membership Committee's recommendations for member vacancies. Staff noted that</p>	<p>The membership application is available online: <a href="http://dbhdid.ky.gov/dbh/documents/kbhpac/MemberApp.pdf">http://dbhdid.ky.gov/dbh/documents/kbhpac/MemberApp.pdf</a>.</p> <p>Staff will mail the certificates to Betty Jo and Mary.</p>

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	<p>the committee reviewed sixteen (16) membership applications during the meeting, more than recent years. Carmilla Ratliff noted that there are still two vacancies for parents and that she would assist with recruiting for parents by taking membership applications to KPFC's upcoming Leadership Academy. Missy Runyon reminded members that due to federal legislation applicants who are a full-time provider or employee of a mental health and/or substance use disorder provider are ineligible to serve on the Council. Kelly Gunning made a motion to accept the recommendations for members by the Membership Committee. Valerie Mudd seconded. <b>Motion passed.</b></p> <p>Gayla reported that with Mary Singleton's resignation, the Council needs to fill the Vice Chair office. The Membership Committee received nominations at the committee meeting and recommended Maggie Krueger. Gayla asked if there were any additional nominations from the floor. No additional nominations were received. Amy Jeffers made a motion to accept the recommendation for Vice Chair by the Membership Committee. Peggy Roark seconded. <b>Motion passed.</b></p> <p>Missy Runyon reminded members that there is Member Orientation on April 19 and that it is a great opportunity for new and current members to learn more about the Planning Council, Block Grant and Kentucky's behavioral health system of care. Missy stated that members lead the orientation. Gayla has volunteered to revise the cultural diversity section. She will be coordinating a conference call for presenters.</p> <p><u>Finance and Data Committee</u> Gayla reported that the Finance and Data Committee will meet on Thursday, April 20 and that the Council needs to select a new Committee Chair. Gayla asked for volunteers. Peggy Roark volunteered to serve as the Chair of the Finance and Data Committee.</p> <p><u>Bylaws Committee</u> Staff reported that due to member feedback they would schedule a Bylaws Committee meeting during 2018.</p> <p><u>ad hoc Committees</u> Cathy Epperson, Chair of the <u>Advocacy &amp; Policy Committee</u>, reported that a committee conference call had been held on March 1, 2017 to discuss distribution of the legislative priorities and how to talk to legislators about the priorities. The Committee discussed the importance of regularly scheduled calls and members decided on quarterly calls the first Wednesday of the month at 4:00 p.m. Eastern Time. Council members reviewed the March 1<sup>st</sup> minutes. Rebecca Burton made a motion to approve the minutes. Brandon Kelley seconded. <b>Motion passed.</b></p>	<p>Please contact Missy Runyon at <a href="mailto:Melissa.Runyon@ky.gov">Melissa.Runyon@ky.gov</a> if you are interested in being a presenter for the Member Orientation.</p>

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Suicide Prevention Grant Opportunity	Patti Clark, Kentucky Statewide Suicide Prevention Coordinator, and Phyllis Millspaugh, Manager of the BHDID Behavioral Health Prevention and Promotion Branch, discussed the importance of suicide prevention efforts in Kentucky. Patti told members about the state's Zero Suicide Initiative and a new grant BHDID is writing to increase the identification, screening, assessment, intervention, treatment and follow-up of individuals at risk for suicide. The grant's primary target populations include: adults over the age of 25, military-connected and substance using. Efforts will focus on primary care providers and community mental health centers, along with inpatient psychiatric facilities and other community organizations providing behavioral health care.	<a href="http://zerosuicide.sprc.org/">http://zerosuicide.sprc.org/</a>
Recovery Narrative Discussion	<p>Missy Runyon provided members with a few minutes to review the Recovery Narrative then asked for members' feedback. The following feedback was provided:</p> <ul style="list-style-type: none"> <li>• The state needs to develop peer run diversion services.</li> <li>• The state would benefit from peer-based crisis services.</li> <li>• The drop-in element is important and more centers should be developed across the state.</li> <li>• Drop-in centers become not just a hub for peer services but for recovery services.</li> <li>• Recovery services are enhanced when the team includes a Supported Housing Specialist and a Supported Employment Specialist.</li> <li>• The state would benefit from peer-run respite services.</li> </ul>	Please submit additional feedback to Missy Runyon at <a href="mailto:Melissa.Runyon@ky.gov">Melissa.Runyon@ky.gov</a> .
iHOPE Program Update	Missy Runyon provided an overview of iHOPE. iHOPE is a team-based model (coordinated specialty care) that is offered to individuals during or shortly after the first episode of psychosis and is effective for improving clinical and functional outcomes. Currently Four Rivers, LifeSkills, Centerstone, Pathways, Mountain, and Cumberland River provide the service. Bluegrass and Communicare will begin providing services in January 2018.	
Member Updates	<ul style="list-style-type: none"> <li>• Amy Jeffers reported that Pathways Regional Prevention Center is focused on their Partnership for Success Grant, which is a 5-year grant that targets veterans, families and youth. For the statewide prevention system, Amy reported that the state has a new Substance Exposed Infants Prevention Enhancement Site in the Bluegrass region, that Plan of Safe Care trainings are being planned statewide, and that the KIDS Now Plus Program is now KY MOMS MATR.</li> <li>• Cathy Epperson (NAMI Kentucky) reported that Advocacy Day was held on February 7 and lots of advocates came to Frankfort and met with their legislators. Senate Bill 91 (Tim's Law) has become law. The National Occupational Safety Association has adopted NAMI Kentucky for two years. Cathy provided information about their upcoming trainings.</li> </ul>	

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	<ul style="list-style-type: none"> <li>• Maggie Krueger reported that she has helped two support groups get started in Somerset – Survivors of Suicide and a support group for young people with a behavioral health challenge.</li> <li>• Kelly Gunning reported that NAMI Lexington is hosting their annual Consumer Conference May 12. The Peer Excellence Awards will be May 11.</li> <li>• Carmilla Ratliff reported that Kentucky Partnership for Families and Children is hosting a Family and Youth Peer Support Training, Car Show, Children’s Mental Health Awareness Day Event at the Kentucky History Center on May 11, a 5k Color Run on May 20, and the Youth Parent Conference June 16-18.</li> </ul>	
Department Updates	<ul style="list-style-type: none"> <li>• On September 1, 2017, BHDID staff will submit a two-year plan (called the Behavioral Health Assessment and Plan) to the Substance Abuse and Mental Health Services Administration (SAMHSA). It is a joint application for Community Mental Health Services Block Grant funds and Substance Abuse Prevention and Treatment Block Grant funds. The Council will review the plan during its meeting on Thursday, August 17.</li> <li>• BHDID has submitted an application for the 21<sup>st</sup> Century Cures Act, a non-competitive grant awarded to the state for the next two years to enhance services and supports for individuals with a substance use disorder, particularly opioid substances. This initiative will include recovery coaches and bridge clinics.</li> </ul>	
Adjourn Meeting	Amy Jeffers made a motion to adjourn the meeting at 2:17 p.m. Cathy Epperson seconded. <b>Motion passed.</b>	<u>Next Meeting:</u> Thursday, May 18, 2017 10:00 a.m. – 2:00 p.m.